Mark the quality (z.B. „etwas“) in the related session (0= harmonious/healthy)!

t1/ Diagnosis session t2 / ca. middle session t3/ last session

treatment time in mins./ rest (yes/no): \_\_mins./( ) yes ( ) nein \_\_mins./ ( ) yes ( ) no \_\_ mins./ ( ) yes ()no

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Flow of movement (also tonicity)** | | | | | | | | | | | | |
| hypotonic/  slack | t1 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly | hypertonic obdurate |
| t2 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
| t3 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
| **Movement-pace (e.g. visible in gait)** | | | | | | | | | | | | |
| slower than role- model | t1 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly | faster than role-model |
| t2 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
| t3 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
| **Movement-Rhythm (e.g. visible in arm movement – Contraction and Expansion )** | | | | | | | | | | | | |
| monoton, static | t1 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly | hasty, confused |
| t2 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
| t3 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
| **Movement-precision** | | | | | | | | | | | | |
| imitating, conscientious | t1 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly | unprecise, dissolving |
| t2 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
| t3 | clearly | slightly | | | hardly | harmonious | hardly | slightly | | clearly |
|  | | | | | | | | | | | | |
| **Balance** | | | | | | | | | | | | |
| instable | t1 | clearly | | slightly | | hardly | harmonious | hardly | | slightly | clearly | stable |
| t2 | clearly | | slightly | | hardly | harmonious | hardly | | slightly | clearly |
| t3 | clearly | | slightly | | hardly | harmonious | hardly | | slightly | clearly |
| **Mental Movement-presence** | | | | | | | | | | | | |
| weak | t1 | clearly | | | slightly | hardly | harmonious | hardly | | slightly | clearly | strong |
| t2 | clearly | | | slightly | hardly | harmonious | hardly | | slightly | clearly |
| t3 | clearly | | | slightly | hardly | harmonious | hardly | | slightly | clearly |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Selv-evaluation (mark with related colour: t2 bzw. t3)** | **yes** | | **no** | | | **partially** | | **uncertain** | | |
| Did the EYT-exercise influence the symptom-development during the treatment-period? | t2 | t3 | | t2 | t3 | t2 | t3 | | t2 | t3 |
| Was I able to sustain the healing process? | t2 | t3 | | t2 | t3 | t2 | t3 | | t2 | t3 |

|  |  |  |  |
| --- | --- | --- | --- |
|  | t1 = TS No. 1 Date: | t2 = TS No. Date: | t3 = TS N0. Date: |
| **General observations and those related to TS in key-points** |  |  |  |